

Difference between Doing things for People and Their Doing it for Themselves

Doing things for people is called Relief which provides temporary, short term assistance by others

Coming alongside a person and coaching them is called Betterment which create positive caring beneficial environment and relationships that offer respite or a positive experience

People doing things for themselves and teaching Others to do the same is called Development: which focuses on measured changes in knowledge, skills, abilities or conditions of the participants and where they take responsibility for the change.

	RELIEF/ DOING FOR	BETTERMENT/ Coaching	DEVELOPEMNT/ EMPOWERING
When To Do	Crisis short- or medium-term	Persistent need not going away	Long-term need holding the community back
Target Individual or Community	Individual	Generally individual	Community
Need	Quickly identifiable	Lingering need outsider steps in beside to alleviate	Real need might be different then presenting need
Orientation	Even oriented, do something now	Relationship oriented	Relationship oriented
Who Does	Outsider does for them	Outsider does with them	Insider does for themselves
Fosters	Dependency	Inter-dependency	Independence
Behavior Change	No behavior change	Generally a little behavior change	Behavior change with transformation
Duration	Short-term/one-time	Medium-term help	Long-term transformation
Resources Come From	Outside	Generally from outside	Inside people themselves
Ownership	Outsider	Outsider	Insider
End Result	Few people affected but no change in lifestyle	Few people affected and limited change in lifestyle	Physical, spiritual, social, change taking place throughout community
Examples	Giving away clothes and food	Tutoring kids	People being equipped to change something in their community and it is happening